

DISCOVERY EQUINE CENTRE
at Cheam Stables
Life Skills through Experiential Learning



**EAL – Equine Assisted Learning
Building Block Program \$480**
8 sessions of life skills development using our
horses as teachers (no riding)

The only Nationally Recognized Equine Assisted Learning Program in Canada taught by certified EAL instructors, each of our exercises is custom designed to maximize learning potential and focus on developing individual skills as they work through each fun interactive group challenge.

Teams/individuals will;

- develop relationships
- accept responsibility and accountability
- overcome barriers to find change
- be encouraged to be creative and innovative
- find opportunity in working together
- realize the benefits associated with effective communication
- and recognize the value of mutual trust, respect, and personal integrity...All while having a blast!

Estimated time: 90 mins Ages 8 – 14 Max 6

**Horsemanship & Beginner
Rider Program Add-on
\$300**

8 small group sessions with
multiple horses

Horse safety
Cleaning a stall
Leading a horse
Grooming a horse
Parts of the horse
Use of Equipment
Care of equipment
Mounting, dismounting,
turns, halt, back-up,
obstacles, trails, challenges, and even try trotting on a line.



Estimated time: 90 Min. Ages 5+